



10 Windsor Walk

Annual Report - for the year ended 31st March 2024

Clinical Director: Emma Staples Hotopf

Centre Manager: Rebecca Thomson

Development Coordinator: Aymie Backler

Board: Maxine Dennis, Guy Forrester, Rob Harland, Emma Staples Hotopf, William Hotopf, Francesca Hume, Matthew Kolakowski, John Lawrence, Kate Pugh, Fatima Del Solar.

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About us

10 Windsor Walk (10WW) is an independent Community Interest Company established by South London members of the British Psychoanalytical Society. The aim of 10WW is to offer a home for candidates and analysts in South London and to facilitate the development of interest in psychoanalytic ideas through links with NHS settings and the local community. The centre sits on the periphery of the South London & Maudsley NHS Foundation Trust (Maudsley) campus and is adjacent to the Institute of Psychiatry, Psychology and Neuroscience (IoPPN) and King's College Hospital. In 2018, the board and clinical director refurbished the four-storey Georgian house into a centre with sound-proofed consulting rooms and



an integrated intercom system. There are nine consulting rooms, which includes one room dedicated to child analysis and family therapy, and two rooms to comfortably fit groups of up to eight people. We also have a large space on our lower ground floor, congruent to the garden, which is used for internal events and hired out by similar organisations.

Our Mission

Our mission is to provide accessible intensive psychoanalytic treatment to those in need locally, to enable more people to have access to training in psychoanalysis and to run psychoanalytic events. South London is made up of ethnically and culturally diverse communities and we hope to reflect this diversity through accessibility for those seeking analytic help and those interested in participating in events and training.

Strategic Aims

- Provide low-fee, affordable therapy to those in need in the local community.
- Establish ourselves as a space for creative thinking around the applications of psychoanalytic ideas.
- Develop extensive collaboration with the NHS.

Summary of Achievements

The past twelve months have seen growth in all facets of the organisation: from operations, to outreach projects, to financial performance. We now have a full time position in place to manage the operations, governance, and development of 10WW through a Centre Manager and Development Coordinator, who work alongside the Clinical Director. This new staffing structure, with a dedicated Development Coordinator, has resulted in a string of successful funding applications to support our outreach work from City Bridge Foundation, Anna Freud Foundation New York, the Winnicott Trust and the Department for Health and Social Care. 10WW's commercial room hire has consistently grown, which has created financial reserves to reinvest into the organisation and create our own low-fee therapy scheme.

During the summer of 2023 the building was redecorated and the event space given a refurbishment with new, high-quality conference call equipment which has been used for several successful events including a sold-out Psychoanalytic Film Festival. Our online presence has also improved via a new website and rebranding with the support of digital marketing agency Good Beans. The new website has resulted in a steady increase in the number of individuals inquiring into private therapy and into hiring a consulting room - there are now around 40 therapists with a private practice established at 10WW.



Activities during 2023-24

The main activities undertaken at 10 Windsor Walk during the past financial year can be broken down into three categories:

1. Clinical work
2. Events and training
3. Outreach work

1. Clinical work

The past year has seen a steady increase from local therapists looking to rent consulting rooms. As of March 2024, the current figures for clinical work taking place in the building are as follows:

Building users

- 08 x recently qualified or trainee psychoanalysts
- 27 x highly qualified adult and child psychoanalysts and psychoanalytic psychotherapists
- 06 x reflective practice supervision groups
- 03 x South London Health Trust services

Service users

- 24 individuals attending the refugee families group
- 80 individuals visiting independent therapists
- 15 diabetes therapeutic support recipients

10WW operates partially as a satellite site for the Institute of Psychoanalysis (IOPA), where a licence agreement is in place to provide consulting rooms to candidates training with the London Clinic of Psychoanalysis and wishing to use the rooms for their training cases and other psychoanalytic work.

Our location has been a great asset: with our rear garden door opening directly onto the Maudsley campus which includes the Institute of Psychiatry, Psychology and Neuroscience and is adjacent to King's College Hospital. This has been particularly helpful for candidates who work at the Maudsley and otherwise would have had to use rooms in Maida Vale, North London, or pay rent on their own consulting rooms.

Many IOPA candidates are not in a position to be able to afford their own consulting rooms at home, due to high property prices, and so having rooms that can be used in South London has been appreciated by current candidates. Also, the knowledge of this setting has had an impact on those working or living in South London considering training.



Clinic Consultations: Elke Mund Amos

Clinic consultations are now being carried out for potential patients from South London at 10 Windsor Walk, with a protected time slot for this to take place on Tuesday afternoons.

The T1DE Project: Diane Turner

The T1DE Project - Type 1 Diabetes and Disordered Eating – has been funded by NHS England. It is a hub and spoke model, linking with diabetes services across the Pan-London catchment area. The patients seen have been diagnosed with diabulimia (Type 1 diabetes and disordered eating) and the service has pioneered a fully integrated model. Diabetologists, psychiatrists, a psychoanalyst (Diane Turner), a CBT Therapist and Diabetes specialist nurses provide consultation, assessment and treatment to this high-risk group of patients. Collaboration with 10WW is on-going, and provides the therapeutic home for the service.

The T1DE Team has had a challenging year as their four year set-up funding from NHS England was completed this March '24. We have had to secure local funding from our local commissioners, who have been under huge pressure to find savings within King's College Hospital NHS Foundation Trust. Following a concerted campaign by the team and our local MP's, we secured a 1 year reprieve whilst more sustainable funding is negotiated. We have seen the publication of an All Party Parliamentary Commission on T1DE lead by The Right Honourable Teresa May, which has highlighted the shortfall in services for this highly vulnerable patient group. Our clinicians gave evidence to the commission.

We gave two papers at a national T1DE conference in Southampton and funding has been secured in conjunction with our partners in Copenhagen to hold the first International T1DE conference at The Steno Diabetes Center in Copenhagen next year. We continue to offer intensive and fundamentally integrated physical and mental health care to this vulnerable patient group.

Psychosomatics Workshop: Dr Simon Harrison and Dr Kate Pugh

The Psychosomatics Workshop continues to meet once a month at 10 Windsor Walk. We are able to offer a hybrid meeting in the event space, which has helped members from across and outside London to attend. The workshop has continued to develop a shared identity as a group of members, including psychoanalysts, psychosomaticians, psychotherapists and psychiatrists, working with patients in King's College Hospital, the Maudsley Hospital and elsewhere. The workshop develops discussion of concepts and approaches to clinical work, with the opportunity for others less able to attend regularly, including psychotherapy and psychiatric trainees, to join remotely and contribute to this discussion.



The Theory and Clinical Seminars: Matthew Holakowski and Hazel Clapham

The Theory and Clinical Seminar (C&TS) was founded in 2023 to provide a forum for clinicians and trainees to gather to discuss their work through the lens of psychoanalysis. The aim is to help deepen their understanding of theoretical concepts and their clinical application. The group meets fortnightly for 1.5 hours and is capped at seven members, reflecting its small group ethos. Spaces for new members, if available, are allocated at the beginning of the academic year. It is suggested that those wishing to join have completed the IoPA Post Foundation Course and have a clinical placement. The group is led by psychoanalysts from the IoPA who suggest a theoretical topic each half term, with relevant texts. This both informs the clinical discussions and provides the focus for a session dedicated to theory at the end of each half-term. The group is hosted fortnightly at 10WW, which has provided a meeting space.

2. Events and training

Our dedicated event space in the lower ground floor of the building is a great asset. With a capacity of around 40 people and high quality conference call equipment, we have hosted a range of events. The two consulting rooms on the ground floor also offer a space for smaller meetings.

Meet the analysts: organised by 10WW board members Dr Kate Pugh and Fatima del Solar

A collaboration between IOPA Outreach and the Recruitment committee.

An informal discussion about the experience of what it's like to be a psychoanalyst: from a trainee, newly qualified, and experienced analyst.

The Maudsley Seminars 2023-2024: Child Analysis

The series of child and adolescent analysis continues monthly from 10WW in hybrid form. Last year the series consisted of members of the group presenting their cases. From January '24 we have changed the format so that senior analysts present their cases. The number of attendees has gone up considerably, from an average of 25 to 55 people. As a result we anticipate increased income for the 2024 series. We make efforts to reach out to young people from diverse backgrounds hoping this will benefit outreach and recruitment.

April-December 2023 attendance: 30 full series participants, 106 individual tickets sold.

January-March 2024 attendance: 35 full series participants, 80 individual tickets sold.



The Maudsley Lectures Summer Term 2023: Psychoanalysis and the Arts

In the Summer of 2023 we explored creativity in the interplay between the external and internal world. The series had three themes of Psychoanalysis and Architecture, Psychoanalysis and Literature, and Psychoanalysis and Art. Following the success of the Autumn 2022 lectures, this series featured a dialogue between the speaker and co-chairs Dr Anne Patterson and Dr Emma Staples Hotopf. Susan White joined as co-chair for the two Psychoanalysis and Architecture lectures. Programme:

Part one: Psychoanalysis and Architecture

17th April | How do I know where I live? - Simon Hudspith

24th April | The relationship between the building and its surroundings - Prof Níall McLaughlin

Part two: Psychoanalysis and Literature

15th May | Consciousness and Unconsciousness in Jane Austen - Prof John Mullan

22nd May | The lure of the North in stories for children: Philip Pullman, Hans Anderson and others - Margaret Rustin

5th June | Psychoanalysis and fairy tales - Dr Gearoid Fitzgerald

Part three: Psychoanalysis and Art

12th June | On groundlessness, uncertainty and the 'possibility of the impossible'. The notion of the creative transformation in Lev Shestov's philosophy - Dr Marina Ogden in conversation with Dr Alla Rubitel

19th June | Freud's Coat and other stories - Prof Paul Coldwell

26th June | The Hope (film screening) - Susan Steinberg

3rd July | Premature withdrawal: on the problem of early leave-taking in artists' work and lives (Fragonard, Rachmaninoff, Garbo) - Dr Satish Padiyar

10th July | Drawn, Cut and Pasted: Charlotte Hodes' creative practice and process - Prof Charlotte Hodes

Finale event at 10 Windsor Walk only:

17th July | Psychoanalysis and Wine: a tasting with Heppington Vineyard - Gill Ingall



Special thanks to all the lecturers who so generously give their time for free so that we can present such a rich programme. This has resulted in an engaged audience and appreciative feedback.

The Maudsley Lectures Autumn Term 2023: Dreams in the 21st Century: Royal Road or Road to Nowhere?

"The interpretation of dreams is the royal road to the unconscious activities of the mind." (Freud, 1900).

Monday 9th October - 4th December 2023

7:45pm - 9:15pm

Hybrid event - In person at 10 Windsor Walk SE5 8BB and online via Zoom.

This series will be recorded and available to watch for 1 week to all registered participants.

Psychoanalysis would not exist if Freud had not paid attention to both his patients' dreams and his own. It was this investigation that enabled him to construct his radically new model of the mind. Should we still take dreams seriously, or are they a distraction? Are nightmares and traumatic dreams different from those that help us think? How do psychoanalysts today listen to dreams, and how are they used in modern clinical practice?

This series is open to everyone and will be of particular interest to clinicians working in psychiatry, psychology, psychoanalysis, psychotherapy, nursing and other areas of mental health as well as those working in the arts and academia.

Chaired by Dr Rupert Nieboer, Dr Liz Allison & Dr Emma Staples Hotopf

Programme:

9th October | Dreaming Up Psychoanalysis: Freud's Discovery of the Unconscious
- Dr Liz Allison

16th October | Ella Sharpe and the Language of Dreams - Prof Ken Robinson

30th October | Contemporary Developments in Understanding Dreams and Dreaming - Mrs Orna Hadary



6th November | The Horror in Dreams - Prof Rosine Perelberg

13th November | Trauma and Dreams - Dr Jo Stubbley

20th November | The 'Other Scene': Dreams, Transference and the Analytic Situation - Prof David Tuckett

27th November | Melanie Klein and Dream Analysis: a Clinical View - Dr Christine English

4th December | Dreaming and Bearing Guilt - Mr Fakhry Davids

The Maudsley Lectures Summer Term 2024: Psychoanalysis and the Arts (upcoming)

22nd April through to 5th July 2024

7:30pm - 9:00pm (BST)

The speakers will be in dialogue with Psychoanalyst Dr Anne Patterson.

From Freud's thinking on the sublimation of libido and his later theorisation of the Life and Death Drives, to Klein's work on reparation and the recovery of the good object and Winnicott's ideas of creative living, psychoanalysis has always been interested in creativity.

In the fourth Maudsley summer series on arts and psychoanalysis, we continue to explore this theme of creativity between internal and external worlds in dialogue with artists from a range of different perspectives: from the natural to the built world and ceramics to literature and theatre.

You can register for individual lectures in this series. However, we recommend you book to attend the full series.

Programme:

Psychoanalysis and Art, chaired by Dr Anne Patterson

22nd April | The Accursed Empty Space - Susie Godsil

29th April | The Well Gardened Mind - Sue Stuart Smith

13th May | Access and engagement for our communities. How can we foster a more connected relationship with nature? As we live and garden our way through a climate crisis and what often feels like a mental health crisis. How can we, through



our work, support our communities in achieving a greater connectedness with nature and the environment and what could this achieve? - Errol Fernandes

20th May | Fragments, memory, repair - Edmund De Waal

3rd June | Visual Culture in Freud's Vienna: Science, Eros, and the Psychoanalytic Imagination - Mary Bergstein

17th June | Dicken's Monsters - John Mullen

24th June | Designing shared spaces for more than one thing at a time - streets, parks and buildings - Liza Fior

FINALE: 5th July

'Pas Moi, Not I': The Beckett Project - Armelle Hours

The Foundation and Post Foundation Course

We continue to run The IoPA Foundation and Post Foundation Courses for students in South London and offer an in-person teaching experience. Both Courses extend accessibility to psychoanalysis for professionals who work in mental health and to the community in South London more broadly, raising our profile in a constructive and fruitful way and providing potential links to the main IoPA training. These courses provide a more open access to psychoanalytic thinking and to our teaching analysts as well as other events at 10WW and the Institute itself. Students are given an experience of thinking psychoanalytically in different clinical settings and an opportunity to meet with other students who have a similar interest.

This academic year we moved seminar groups to in-person format alongside Foundation course lectures being run online from Byron House. Last academic year we experienced some technical difficulties in the transition to hybrid lectures but these problems have been addressed and overall it has gone well this year. We have attracted more students to in person groups, 14 in the Foundation Course and 13 in the Post Foundation Course, who might otherwise have found travelling to Byron House too onerous. The Post Foundation Course is designed for more experienced clinicians and for students interested in both clinical work and work in mental health, and some have completed the Foundation Course. Between 20-30% of students are psychiatrists who are working in South London and at the Maudsley NHS trust.



The continuing success of these courses are built upon the dedication and talent of our teachers. We are very grateful to them for their enthusiasm, efforts and dedication.

This academic year Dr Sergei Grachev is teaching the Foundation Course clinical seminars. The current seminar titles and teachers for the Post Foundation Course are:

Defences - Kathy Taylor

Projective identification – Dr Sergei Grachev

Transference and countertransference - Elizabeth Coates Thummel

Winnicott - Annie Harris

Dreams- Dr Anne Patterson

Bion - looking for a teacher.

The courses are run by Katerina Tsami-Cole with IT/technical support by Adam Udall. We are extremely grateful to them.

Foundation Course 2023-2024 programme:

28th September 2023 | Mr Alex Read and Dr Sergei Grachev - Introduction to the Foundation Course

5th October 2023 | Dr Alejandra Perez - Why psychoanalysts are interested in infancy- an exploration of the different 'psychoanalytic babies'

12th October 2023 | Dr Alejandra Perez - What does psychoanalysis have to learn from contemporary research on parenting and early life?

19th October 2023 | Shirley Hiscock - "I am here!": the developing sense of identity in a boy on the autistic spectrum.

26th October 2023 | Isabel Hernandez-Halton - Oedipus Complex across the years.

9th November 2023 | Stephen Grosz - Clinical writing—what makes psychoanalytic case histories unique?

16th November 2023 | Hannah Solemani - Adolescent Development.

23rd November 2023 | Antje Netzer-Stein - Becoming an Adult: Older Adolescents in the transition out of the Family.



30th November 2023 | Catalina Bronstein - Psychosomatics: the mysterious leap.

7th December 2023 | Susan Cockett - No-entry and porous States of Mind.

11th January 2024 | Leon Kleimberg - Introduction to the Clinical Freud Series.
Reading on Moodle.

18th January 2024 | Mary Bradbury - Freud's Discovery of Transference.

25th January 2024 | Rosine Perelberg - Dreams.

1st February 2024 | Dr Luis Rodriguez de la Sierra - Little Hans.

8th February 2024 | Jan Abram - Freud and Dora: Reflections on dreams and
sexuality.

22nd February 2024 | Dr Liz Allison - The Rat Man

29th February 2024 | Judy Jackson - Achievements and failures in the latency
period.

7th March 2024 | Ruth McCall - Hysteria.

14th March 2024 | Anna Paulina de Sauma - Mourning and Melancholia.

21st March 2024 | John Keene - "The route to intersubjectivity: from a one body to
a multi-body psychology"

25th April 2024 | Natasha Harvey - Narcissism.

2nd May 2024 | Marcus Evans - Borderline states of mind.

9th May 2024 | Kate Pugh - Psychosomatic States.

16th May 2024 | Anne Amos - 'The internal processes of migration: homesickness,
grieving and nostalgia'.

23rd May 2024 | Gigliola Fornari Spoto - Depression.

6th June 2024 | Michael Feldman - The appeal of omnipotence.



13th June 2024 | Jane Peringer - 'How does a patient talk to an analyst? And how does an analyst talk to a patient?'

20th June 2024 | David Bell - Bion: the phenomenologist of loss.

27th June 2024 | Carine Minne - Psychosis and the Family.

Psychoanalytic Film Club: Katalin Lanczi and Dr Anne Patterson

This year the 10WW film club has continued to thrive, offering a variety of films with an introduction and discussion on some Friday evenings throughout the year. Members of the Society as well as a faithful group of mental health professionals and others interested in film have attended.

The films are introduced to the group by Katalin Lanczi and Anne Patterson, who give an insightful overview of the main themes and feelings the chosen film will be exploring, progressing into the screening of the film. Lively discussion, encouraged by Katalin and Anne, is contributed to by the group in the room which ensues insightful conversation on what struck each person about the film, psychoanalytic concepts that come to the surface, and general thoughts about the use of the music, themes, and characters. The evening becomes a springboard for ideas around psychoanalysis and film which makes for really fulfilling and inspiring discussion.

The co-directors organised a successful, fully booked 'taster' weekend mini festival at 10WW at the beginning of March to introduce and begin to explore the theme of the next epff12, Journey. Tickets for the in-person films were sold out and an additional 80 people joined the afternoon event of a screening of a film about the work of Vamik Volkan, which was followed by an online discussion with him and the director of the film.

The enthusiasm shown for the mini festival has encouraged us to resume a more regular programme of Friday events in 2024/25.

Whole year programme 2023 - Illusion

10th March | La Grande Illusion (dir, Jean Renoir, 1937). Discussion chaired by Katalin Lanczi and Anne Patterson.

21st April | C'mon C'mon (dir. Mike Mills, 2021). Discussion chaired by Peter Mark, group psychoanalyst.

22nd September | Murdered by My Father (dir. Bruce Goodison, 2016). Discussion chaired by Katalin Lanczi and Anne Patterson.



8th December | Lunana A Yak in the Classroom (dir. Pawo Choyning Dorji, 2019). Discussion chaired by Fatima del Solar.

Upcoming in 2024:

10th May | Fremont (dir. Babak Jalali, 2023). Discussion chaired by Katalin Lanczi.

28th June | Joyland (dir. Saim Sadiq, 2022). Discussion chaired by Anas Khalid.

The 10 Windsor Walk Film Festival - in collaboration with the Institute of Psychoanalysis March 2024

The highlight of the festival was a showing of *Blind Trust* (dir. Molly Castelloe, 2022), an award winning film about Dr Vamik Volkan's work as a psychoanalyst, bringing representatives of enemy groups together for dialogue in traumatised regions of the world. More topical than ever, filmmaker Molly Castelloe and Dr Vamik Volkan joined for a discussion afterwards. *Wild Strawberries* (dir. Ingmar Bergman, 1957) and *After Love* (dir. Aleem Khan, 2020) also featured in the programme.

3. Outreach work

Asylum Seeking and Refugee's Psychoanalytic Playgroup: Fatima Del Solar

Asylum Seeking and Refugee's Psychoanalytic Playgroup: Fatima Martinez Del Solar

The Playgroup was established in September 2021 to make psychoanalytic interventions available in a community setting. Since opening, the group has continued to offer psychotherapeutic support to the most in need and the most vulnerable families. We ran a Pilot Group from September 2019 until July 2020 which was attended by 6 children and their parent(s). The group is based on the Anna Freud Model. Encouraged by the feedback from the pilot, we began networking in November 2020 with local mental health professionals to ascertain what services were most needed in the area. It became apparent that asylum seeking, and refugee families were especially impacted by the Covid Pandemic and in most need.

We continue to work with local asylum seekers and refugee organisations, General Practitioner practices, Midwifery and Perinatal services and women's shelters etc, who refer families with children under 3 years of age. When we receive referrals, we contact the families, make an initial assessment and (if appropriate) to invite them to join the Playgroup. Once they have joined and settled, we start our evaluation (more details below). The reasons for referrals included the effects of temporary permission to stay in the UK, temporary housing, social isolation and maternal mental health following traumatic experiences of becoming refugees or seeking asylum. Some mothers had been sex trafficked, some saw family



members murdered and others fled abusive relationships and thus became homeless.

Some mothers had mental health issues including depression, PTSD and anxiety. Most of the mothers have had some questions and concerns about their children's development and how to manage the usual stages of life such as weaning, encouraging increased independence, speech and walking. They have found the ideas and experience of being in the group helpful and supportive, seeing other children start to walk, talk, eat and interact with others as informative and reassuring. We have also been part of discussions with mothers about their hopes and ambitions around work and study and have been able to signpost them to relevant services and information.

Staff consists of Group Analyst Merryn Jones, Parent-Infant Psychotherapist Teresa Sarmiento, Assistant Psychologist Sophie Dunn, Clinical Psychologist Andres Cueto, Consultant Child and Adolescent Psychotherapist Inge-Martine Pretorius and Clinical Lead Psychoanalyst Fátima Martínez del Solar.

Since establishing the Playgroup in September 2021, a total of 25 families have attended the group with a total of 32 babies and toddlers. The families originate from Benin, Colombia, Ivory Coast, Nigeria, Albania, Eritrea, Honduras, Irak, Afghanistan, Pakistan and Iran. The parents are aged between 21 and 45 years. The children are from newborn to 3 ½ years old. Six mothers have older school-aged children. One child attending the Playgroup has Cerebral Palsy, one child has Down's Syndrome, two have hearing impairments and one has a Developmental Delay. Two are under specialist medical teams and another has been referred for a neurodevelopmental assessment.

We have a set of measures to evaluate the group members at entry, 6-month intervals and exit.

These include:

- A semi-structured interview based on the Parent Development Interview (Slade, Aber, Berger, Bresgi & Kaplan, 2003/2005a and b),
- Goals Based Outcomes (GBOs) (Law, 2013),
- Depression Screening Questionnaire (Patient Health Questionnaire/9, Spitzer, Williams, Kroenke & colleagues, 1999)
- Termly verbal feedback from parents
- Tracking change in the longitudinal observations of the children's play and behaviour.



Feedback has been overwhelmingly positive. One mother valued that all the children attending the Playgroup received more individual attention from staff than in other groups they attend. She appreciated that staff always spent time talking with each parent to find out how they were doing. Another said she attended two local Children's Centers close to her home. However, she had to book in advance to attend or might be turned away. Those groups are very popular, well attended and very busy and noisy. She appreciated that our Playgroup is small, calmer, less busy and that she knows all the members.

We are committed to community outreach work and are hoping to reach a wider population over time but within the limits of our small staff team and funds.

We are extremely grateful to The Anna Freud Foundation, The Winnicott Trust, 10 Windsor Walk Community Interest Company, The Institute of Psychoanalysis and various individual donors who have supported the Playgroup financially or with expertise.

Financial summary

Since the inception of 10 Windsor Walk in 2018, our net operating result has reached a state of steady increase. During this time, 10WW has introduced several new ventures and programmes. In turn, this has seen an increase in our operating expenses including salaried staff. For more details on our financial performance, please contact us.

Future plans

An MSc in Clinical Psychotherapy, at the Institute of Psychiatry, Psychology and Neuroscience, King's College London has now been approved and will start in September 2024. The MSc programme will deliver a clinically based approach to psychoanalytic theory, bringing together the clinical application of theory to common mental disorders and to the interface between mental and physical health. The programme will provide a foundation in psychoanalytic theory, with an emphasis on clinical applications. It will include evidence-based research in psychotherapy and the application of psychoanalytic approaches in psychiatry and medicine. The clinical component of the Master's programme will enable us to increase our offer of low-fee psychotherapy to the local community in conjunction with psychotherapy services of the South London and Maudsley NHS Trust. The BPC has been helping with the accreditation process.

In the year 2024-2025, we hope to build two level-access consulting rooms in our garden (an essential addition to our facilities). We will also continue to develop our outreach and partnership programmes with a focus on local groups in South London and our neighbours the Maudsley Hospital, King's College London, King's



College Hospital, Ronald MacDonald House and the Pears Maudsley Centre for Children and Young People (opening in 2024).

Acknowledgements

10 Windsor Walk has received sponsorship from the Winnicott Trust, Anna Freud Foundation New York, Paul Hamlyn Foundation, Melanie Klein Trust, Maudsley Charity, City Bridge Foundation and a number of individuals.

We are grateful to all of those who have come to give talks, helped promote activities and encouraged supervisees and colleagues to participate. Thanks to the members of the sub-committee, 10WWCIC Board, finance sub-committee and Advisory Group of South London analysts. Special thanks to the administrative team at 10WW: Centre Manager Rebecca Thomson has made a tremendous contribution since joining alongside the invaluable input from Matthew Kolakowski. Development Coordinator Aymie Backler has contributed a tremendous amount of effort and dedication to funding applications and successfully secured further funding towards activities in the next financial year.